

# School Dance Styles

Ecole de Danse

## BREAK IT BACK DOWN

Count: 32 **Wall:** 4 **Level:** Beginner

**Choreographer:** Dwight Meessen – March 2017

**Music:** "Break It Back Down" by Pat Green (album: Home) 128 bpm

Intro 48 counts

### **Rock Fwd Recover, Shuffle Bkw, Rock Back Recover, Shuffle Fwd**

- 1-2 RF rock forward, LF recover
- 3&4 RF step back, LF step beside, RF step back
- 5-6 LF rock back, RF recover
- 7&8 LF step forward, RF step beside, LF step forward

### **Pivot ¼ L x2, Cross, Side, Sailor**

- 1-2 RF step forward, R+L ¼ turn left
- 3-4 RF step forward, R+L ¼ turn left
- 5-6 RF cross over, LF step side
- 7&8 RF cross behind, LF step beside, RF step side

### **Weave ¼ R, Pivot ½ R, Shuffle ½ R**

- 1-4 LF cross over, RF step side, LF cross behind, RF ¼ right step forward
- 5-6 LF step forward, L+R ½ turn right
- 7&8 LF ¼ right step side, RF step beside, LF ¼ right step back

### **Rock Back Recover, Shuffle Fwd, Rock Fwd Recover, Coaster**

- 1-2 RF rock back, LF recover
- 3&4 RF step forward, LF step beside, RF step forward
- 5-6 LF rock forward, RF recover
- 7&8 LF step back, RF together, LF step forward



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